

Intercollegiate Athletics

The “Seminoles” is the official designation of Florida State University (FSU) men’s and women’s athletic teams. The symbol of university athletics is Osceola. The official colors are Garnet and Gold. FSU competes in the Atlantic Coast Conference (ACC) for all sports except Beach Volleyball.



Florida State University Seminole



2022-23 ACC and NCAA Team Results

Director’s Cup Final Ranking (Michael Alford – A.D.) 17th
Baseball (Link Jarrett): ACC – 14th
Basketball - Men (Leonard Hamilton): ACC – 12th
Basketball - Women (Brooke Wyckoff): ACC – 4th; NCAA 1st Round
Beach Volleyball (Brooke Niles): CCSA 2nd; NCAA Semifinals
Cross Country - Men (Bob Braman): ACC – 9th; NCAA – 27th
Cross Country - Women (Bob Braman): ACC – 5th; NCAA – 18th
Football (Mike Norvell): Coaches Poll – 10th; AP – 11th
Golf - Men (Trey Jones): ACC – 5th; NCAA Championship – 3rd
Golf - Women (Amy Bond): ACC – 5th; NCAA – 5th
Soccer (Brian Pensky): ACC – 1st; NCAA Semifinalist
Softball (Lonni Alameda): ACC – 1st; NCAA – 2nd
Swimming & Diving - Men (Neal Studd): ACC – 6th
Swimming & Diving - Women (Neal Studd): ACC – 7th
Tennis - Men (Dwayne Hultquist): ACC – 3rd; NCAA 2nd Round
Tennis - Women (Jennifer Hyde): ACC – 5th; NCAA 2nd Round
Track & Field – All coached by Bob Braman
 Indoor Men: ACC – 2nd
 Outdoor Men: ACC – 2nd; NCAA – 15th
 Indoor Women: ACC – 6th
 Outdoor Women: ACC – 4th; NCAA – 37th
Volleyball (Chris Poole): ACC – 5th; NCAA 1st Round

2022-23 ACC Team Champions: Women’s Soccer, Softball

All-time Team National Championships (21) (NCAA champion except where noted)

Football - (1993, 1999, 2013)
Golf - Women (1981*)
Gymnastics - Men (1951, 1952)
Soccer - Women (2014, 2018, 2021, 2023)
Softball - (1981*, 1982*, 2018)
Volleyball - Men (1955, 1957, 1958)***

Track Men - (2006 - Outdoor, 2007 - Outdoor**, 2008 - Outdoor)
Track Women - (1984 - Outdoor, 1985 - Indoor)

* Awarded by the Assoc. of Intercollegiate Athletics for Women

** Championship was vacated by the NCAA

*** Awarded by the US Volleyball Association (USVA)

2022-23 Coach of the Year Honors

Lonni Alameda (Softball)

2022-23 National Player of the Year/ Freshman of the Year

Soccer: Jenna Nighswonger – National Player of the Year (MAC Hermann Finalist)

Track and Field: Trey Cunningham – National Player of the Year (Bowerman Winner)

Women’s Basketball: Ta’Niya Latson – National Freshman of the Year (The Athletic, USBWA, WBCA)

Women’s Golf: Lottie Woad – National Freshman of the Year (WGCA, Co National Freshman of the Year)

2022-23 Rookie of the Year Honors

Football: Patrick – Defensive Rookie of the Year

Women’s Basketball: Ta’Niya Latson

Women’s Golf: Lottie Woad

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2022-23 ACC Player/Performer of the Year (POY) Honors

Football: Patrick Payton – Defensive Rookie of the Year; Dillan Gibbons – Jim Tatum Award

Soccer: Cristina Roque – Goalkeeper of the Year

Softball: Kathryn Sandercock – Pitcher of the Year

M. Indoor Track and Field (Track): Jeremiah Davis – Men's Field Performer of the Year

M. Outdoor Track and Field (Track): Jeremiah Davis – Men's Field Performer of the Year

W. Outdoor Track and Field (Track): Dajaz DeFrاند – Women's Track Performer of the Year, 2023 Outdoor Women's Freshman of the Year

2022-23 All-American Honors (athletes mentioned on any team by any publication are listed)

Football (5): Jared Verse (The Athletic – First Team; Phil Steele – Third Team); Jammie Robinson (Senior Bowl – First Team; The Athletic – Second Team; Phil Steele – Fourth Team); Shyheim Brown (College Football News – Honorable Mention Freshman); Joshua Farmer (College Football News – Honorable Mention Freshman); Patrick Payton (College Football News – Honorable Mention Freshman)

W. Basketball: Ta'Niya Latson (Associated Press HM; USBWA HM, WBCA HM)

W. Golf (2): Charlotte Heath (1st/WGCA; 1st/Golfweek); Lottie Woad (1st/WGCA; 2nd/Golfweek)

M. Golf (5): Brett Roberts (2nd/PING; 2nd/Golfweek); Cole Anderson (3rd/PING; 2nd/Golfweek); Frederik Kjettrup (HM/PING; HM/Golfweek); Luke Clanton (HM/PING); Jack Bigham (HM/Golfweek)

Soccer (4): Jenna Nighswonger (United Soccer Coaches – First Team; TopDrawerSoccer Best XI – First Team); Jody Brown (United Soccer Coaches – Third Team); Cristina Roque (United Soccer Coaches – Third Team; TopDrawerSoccer Best XI – Third Team); Lauren Flynn (TopDrawerSoccer Best XI – Second Team)

Softball (2): Kathryn Sandercock (1st/D1 Softball; 2nd/NFCA); Makenna Reid (Freshman All-American)

W. Swimming and Diving (2): Samantha Vear (1-Meter – 2nd Team); Edith Jernstedt (200 Fly – 2nd Team)

M. Indoor Track and Field (3): Jeremiah Davis (Long and Triple Jump – 1st Team); Ismael Kone (60m – 1st Team); Amir Willis (200m – 1st Team)

W. Indoor Track and Field: Dajaz DeFrاند (60m and 200m – 2nd Team)

M. Outdoor Track and Field (8): Jeremiah Davis (Long and Triple Jump – 1st Team); Amir Willis (100m and 200m – 2nd Team); Milton Ingraham (Discus – 1st Team); Ismael Kone (200m – 2nd Team); Taylor Banks, Amir Willis, Ismael Kone, Denzell Feagin (4x100 relay – 1st Team)

W. Outdoor Track and Field (4): Dajaz DeFrاند (100m – 1st Team); Caisa-Marie Linsfors (Discus – 1st Team); Stella Weinberg (Javelin – 2nd Team); Alyston Churchill (5000m – 2nd Team)

Beach Volleyball (2): Maddie Anderson & Paige Kalkhoff (1st Team – AVCA)

2022-23 Academic Highlights for Student Athletes

ACC Weaver-James-Corrigan Postgraduate Scholarship Award (4): Nick Mason (Men's Swimming and Diving), Maddie Anderson (Beach Volleyball), Kaley Mudge (Softball), Vic Allen (HM, Women's Tennis)

CSC Academic All-Americans (2): Jenna Nighswonger – 2nd Team (Soccer); Paige Kalkhoff – 3rd Team (Beach Volleyball)

CSC Academic All-District (26): Emma Bissel, Maria Alagoa, Jenna Nighswonger, Lauren Flynn, Beata Olsson, Kaitlyn Zipay (Soccer); Jenny Halden, Maddie McDonald, Anna Metzler, Izzy Gregersen (W. Swimming and Diving); Arijus Pavlidi, Tazman Abramowicz, Jesco Helling, Nick Mason (M. Swimming and Diving); Alice Hodge, Kaylah Williams (W. Golf); Alyson Churchill, Agnes McTighe, Caisa-Marie Lindfors, Cooper Schroeder (Track and Field/Cross-Country); Maddie Anderson, Paige Kalkhoff, Anna Long (Beach Volleyball); Audrey Koenig, Sydney Conley, Emery Dupes (Volleyball)

ACC Scholar-Athlete of the Year (2): Dillan Gibbons – Jim Tatum Award Winner (Football); Frederik Kjettrup (M.Golf)

Academic All-ACC (146): Ben Barrett, David Barrett, Jackson Baumeister, Jaime Ferrer, McGwire Holbrook, Titan Kamaka, Brennen Oxford, Treyton Rank, DeAmez Ross, Cam Smith, James Tibbs III, Brandon Walker, Conner Whittaker (Baseball); Anderson Ball, Zach Cloud, Gabe Curtis, Samuel Field, Jacob Holmes, Matthew Newland, Cooper Schroeder (M. Cross Country); Yasmine Abbes, Riley Bahr, Alyson Churchill, Marit Griep, Agnes McTighe, Rebecca Pottorff (Clark), Dani Thompson, Emmy Van den Berg, Caitlyn Wilkey (W. Cross Country); Dillan Gibbons, Ryan Fitzgerald, Brian Courtney, Preston Daniel, Ja'Khi Douglas, D'Mitri Emmanuel, Joshua Farmer, Kevin Knowles II, Azareye'h Thomas, James Rosenberry Jr. (Football); Tazman Abramowicz, Tommaso Baravelli, Ian Cooper, Marcos Egri-Martin, Jesco Helling, Utku Kurtdere, Nick Mason, Darwin Nolasco, Arijus Pavlidi, David Quirie, Zach Smith, Cam Taddonio, Peter Varjasi, Carlos Vasquez (M. Swimming and Diving); Jessica Buntman, Sarah Evans, Aryanna Fernandes, Isabel Gregersen, Phoebe Griffiths, Jenny Halden, Jaden Herbet, Zsofia Kurdi, Julia Mansson, Maddie McDonald, Anna Metzler, Gloria Muzito, Tania Quaglieri, Sydney VanOvermeiren (W. Swimming and Diving); O'Mariah Gordon, Makayla Timpson, Erin Howard, Valencia Myers, Mariana Valenzuela, Taylor O'Brien, Brianna "Snoop" Turnage (W. Basketball); Tom House, Baba Miller (M. Basketball); Alice Hodge, Kaylah Williams, Lottie Woad (W. Golf); Frederik Kjettrup (M. Golf); Maria Alagoa, Emma Bissel, Lauren Flynn, Olivia Garcia, Heather Gilchrest, Ran Iwai, LeiLanni Nesbeth, Sophia Nguyen, Jenna Nighswonger, Beata Olsson, Clara Robbins, Cristina Roque, Kaitlyn Zipay (Soccer); Autumn Belviy, Ali DuBois, Devyn Flaherty, Bethaney Keen, Jahni Kerr, Mack Leonard, Kaley Mudge, Makenna Reid, Amaya Ross, Allison Royalty, Kathryn Sandercock, Hallie Wacaser (Softball); Alex Bulte, Jamie Connel, Loris Pourroy, Barnaby Smith (M. Tennis); Vic Allen, Alice Amendola, Anna Arkadianou, Millie Bissett, Olympe Lancelot, Kristyna Lavickova, Kianah Motosono, Ellie Schoppe, Mila Saric (W. Tennis); Taylor Banks, Coleman Cronk, Patrick Donnelly, Samuel Field, James Rivera (M. Indoor Track and Field); Yasmine Abbes, Suus Altorf, Faith Banks, Alyson Churchill, Amani Heaven, Victoria Josse, Ava Klein, Caisa-Marie Lindfors, Ella Madson, Agnes McTighe, Bieke Schipperen, Riley Simmons, Emmy Van Den Berg, Alexandra Webster, Caitlin Wilkey (W. Indoor Track and Field); Coleman Cronk, Patrick Donnelly, Jacob Hoeffner, Xavion Lockwood, David Mullarkey, James Rivera, Cooper Schroeder, Paul Stafford (M. Outdoor Track and Field); Yasmine Abbes, Suus Altorf, Riley Bahr, Alyson Churchill, Amani Heaven, Ava Klein, Caisa-Marie Lindfors, Ella Madson, Kayla Pinkard, Makiya Spencer, Alexandra Webster (W. Outdoor Track and Field); Lauryn Burrows, Emma Clothier, Andjelija Draskovic, Emery Dupes, Audrey Koenig, Ava Pitchford, Audrey Rothman (Volleyball)

USTFCCCA XC All-Academic (7):

Team: Women's Cross Country

W XC: Emmy Van den Berg, Agnes McTighe, Alyson Churchill

M XC: Cooper Schroeder

CCSA Scholar Athlete of the Year: Paige Kalkhoff (Beach Volleyball)

CCSA All-Academic Team: Paige Kalkhoff & Maddie Anderson (Beach Volleyball)

Scholar Athlete of the Year: Jenna Nighswonger (Soccer)

GCAA All-America: Frederik Kjettrup (Men's Golf)

Source: Florida State University Sports Information Office

Online Resource: The Florida State Athletic Department's website can be accessed online at www.seminoles.com